

## Instructions for 30 Day Prosperity Plan

1. Once You begin, DO NOT MISS a day. Commit to yourself that you can do anything for 30 days. You will see great results.

Week 1 – Mantras, journaling

Week 2 – Mantras, journaling, create money statement (after you're through with the money statement, I will review it via email and make suggestions).

Week 3 – Mantras, journaling, create generator list. Email me when you get to this step and I will walk you through it.

Week 4 – Mantras, journaling, activate your generator list.